

Pouring love into every meal

## Week 1: Week commencing: 15<sup>th</sup> April | 6<sup>th</sup> May | 3<sup>rd</sup> June | 24<sup>th</sup> June | 15<sup>th</sup> July | 9<sup>th</sup> Sept | 30<sup>th</sup> Sept | 21<sup>st</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Choice	Italian chicken goujons none	Chicken curry wheat/gluten	Vegan sausage roll wheat/gluten, soya, milk	Roast of the day (chicken none, gammon none, beef none)	Fish fingers wheat/gluten, fish
2 <sup>nd</sup> Choice	Tomato pasta wheat/gluten	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Cheese ploughman wheat/gluten, egg, milk, soya, sulphur dioxide & sulphites	Sweet potato parcel wheat/gluten - egg & milk (if using egg wash)	Sweet & sour meat free balls wheat/gluten, soya
Vegetable/Salad Selection	Potato wedges none Seasonal vegetables none & salad celery (if using celery)	Rice none Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Sweet potato mash milk Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Rice none Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Marble shortbread wheat/gluten Seasonal fruit none & yoghurt milk, soya	Banana cake wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Ice cream milk Seasonal fruit none & yoghurt milk, soya	Mini flapjack wheat/gluten with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Fruit yoghurt muffin wheat/gluten, egg, milk, soya Seasonal fruit none & yoghurt milk, soya



## Week 2: Week commencing: 22<sup>nd</sup> April | 13<sup>th</sup> May | 10<sup>th</sup> June | 1<sup>st</sup> July | 22<sup>nd</sup> July | 16<sup>th</sup> Sept | 7<sup>th</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Choice	Chicken nuggets none	Beef Bolognese wheat/gluten	Vegan sausage hot dog wheat/gluten, sesame, soya	Roast chicken none & gravy none	Salmon fishcakes wheat/gluten, fish
2 <sup>nd</sup> Choice	Vegetable goujons none	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn & bean patty wheat/gluten, egg	Golden potato cake egg	Rainbow pizza French bread wheat/gluten, milk
Vegetable/Salad Selection	Waffle fries none Seasonal vegetables none & salad celery (if using celery)	Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Mini potato bites none Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Vanilla crunch wheat/gluten Seasonal fruit none & yoghurt milk, soya	Summer muffin wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Mini oaty cookie wheat/gluten with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Chocolate crinkle cookie wheat/gluten, milk, egg Seasonal fruit none & yoghurt milk, soya	Iced sponge wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya



## Week 3: Week commencing: 29<sup>th</sup> April | 20<sup>th</sup> May | 17<sup>th</sup> June | 8<sup>th</sup> July | 2<sup>nd</sup> Sept | 23<sup>rd</sup> Sept | 14<sup>th</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Choice	Pork sausages (wheat/gluten, soya, sulphur dioxide/sulphites) gravy (none)	BLT wrap Wheat/gluten, egg	Macaroni cheese wheat/gluten, milk	Roast chicken none & gravy none	Fish fingers wheat/gluten, fish
2 <sup>nd</sup> Choice	Vegetarian Bolognese wheat/gluten, egg	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn nuggets wheat/gluten	Vegan sausage turnover wheat/gluten - egg & milk (if using egg wash)	Mexican cheese quesadilla wheat/gluten, milk
Vegetable/Salad Selection	Creamy mash milk Seasonal vegetables none & salad celery (if using celery)	Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Potato wedges none Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Ice cream milk Seasonal fruit none & yoghurt milk, soya	Fruit brownie wheat/gluten, egg Seasonal fruit none & yoghurt milk, soya	Iced shortbread wheat/gluten Seasonal fruit none & yoghurt milk, soya	Mini blondie cracknel wheat/gluten, milk with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Apple slice wheat/gluten Seasonal fruit none & yoghurt milk, soya