

Summer 24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SPECIAL OF THE DAY	Special of the day See additional list	Special of the day See additional list	Special of the day See additional list	Special of the day See additional list	Special of the day See additional list
PIZZA	Cheese & tomato pitta pocket wheat/gluten, milk	Cheese & tomato pizza slice wheat/gluten, milk	Cheese & tomato pitta pocket wheat/gluten, milk	Garlic & cheese slice wheat/gluten, milk	Cheese & tomato pizza slice wheat/gluten, milk
VEGETARIAN	Veggie Quorn sausage baguette wheat/gluten	Cheese & onion bake wheat/gluten, egg, milk	Vegan sausage hot dog wheat/gluten, sesame, soya	Quorn sausage patty & egg muffin wheat/gluten, egg, milk, sesame, soya	Vegan sausage roll wheat/gluten, milk, soya
POULTRY/ PORK/ BEEF	Cheese burger bap wheat/gluten, milk, sesame, soya, sulphur dioxide/ sulphites	Sausage muffin wheat/gluten, sesame, soya, sulphur dioxide/ sulphites	Chicken grill in a bap wheat/gluten, sesame	BBQ chicken wrap wheat/gluten	Italian chicken goujons wrap <mark>wheat/gluten, egg</mark>
PASTA POT (only available at lunch)	Pasta of the day See additional list	Pasta of the day See additional list	Pasta of the day See additional list	Pasta of the day See additional list	Pasta of the day See additional list
SOUP (seasonal availability)	Soup of the day served with fresh bread & butter See additional list	Soup of the day served with fresh bread & butter See additional list	Soup of the day served with fresh bread & butter See additional list	Soup of the day served with fresh bread & butter See additional list	Soup of the day served with fresh bread & butter See additional list
SALAD	Salad of the day See additional list	Salad of the day See additional list	Salad of the day See additional list	Salad of the day See additional list	Salad of the day See additional list
YOGHURT BAR	Daily selection of yoghurts & toppings See additional list	Daily selection of yoghurts & toppings See additional list	Daily selection of yoghurts & toppings See additional list	Daily selection of yoghurts & toppings See additional list	Daily selection of yoghurts & toppings See additional list
FRUIT	Seasonal fruit pot none	Seasonal fruit pot none	Seasonal fruit pot none	Seasonal fruit pot none	Seasonal fruit pot none

Registered Office: Second Floor, Latimer House, 5-7 Cumberland Place. Southampton SO15 2BH 02380 33 22 26 • admin@citycateringsouthampton.co.uk Registered in England • Company registration number 9331784

CITY CATERING SCHOOLS Powring love into every meal

St. Mark's – Grab & Go Menu – Showing 14 main allergens V2

Summer 24

Pasta pot:

Tomato & basil pasta	wheat/gluten
Roasted vegetable pasta	wheat/gluten
Arrabiata pasta	wheat/gluten
Chicken pesto pasta	wheat/gluten, milk
Cheesy pasta with ham	wheat/gluten, milk
Tomato & chorizo pasta	wheat/gluten, milk, mustard

Soup of the day/ breads/ butter:

Butternut squash, coconut & chilli soup	none	
Carrot & coriander soup	wheat/gluten	
Cauliflower cheese soup	milk	
Creamy tomato soup	celery, milk	
Curried parsnip soup	milk	
Seasonal vegetable soup	celery	
Tomato & basil soup	celery	
Minestrone	celery, wheat/ gluten	
Lentil & chorizo soup	wheat/gluten, milk, mustard	
Courgette soup	none	
Plain bread	wheat/gluten, soya	
Cheese bread	wheat/gluten, milk, soya	
Tomato & garlic bread	wheat/gluten, soya	
Herb & garlic bread	wheat/gluten, soya	
Butter portion	milk	

CITY CATERING SCHOOLS Powring love into every meal

Summer 24

Salad of the day:

Mixed salad	none	
Tuna & sweetcorn pasta salad	wheat/gluten, egg, fish	
Chicken, celery & apple pasta salad	celery, wheat/gluten, egg, milk, sulphur dioxide/ sulphites	
BBQ chicken pasta salad	wheat/gluten	
Chicken Chow Mein salad	wheat/gluten, egg, soya	
Mixed salad with egg & cheese	egg, milk	
Mixed salad with tuna	fish	
Sweet chilli chicken & noodle salad	wheat/gluten, egg	
Chicken & bacon pasta salad	wheat/gluten, egg	
Tomato pasta	wheat/gluten	
Breaded chicken & honey mustard mayo pasta salad	wheat/gluten, egg, mustard, sulphur dioxide/ sulphites	

Yoghurt bar:

EasiYo Vanilla	milk, soya
Yeo Valley Strawberry	milk
Yeo Valley Raspberry	milk
Yeo Valley Mango & Vanilla	milk
Granola	wheat/gluten, sulphur dioxide/ sulphites
Fruits of the forest coulis	sulphur dioxide/ sulphites
Mango coulis	sulphur dioxide/ sulphites
Strawberry coulis	sulphur dioxide/ sulphites
Sultanas	none
Granola pot with strawberries	wheat/gluten, milk, soya, sulphur dioxide/ sulphites
Granola pot with mango	wheat/gluten, milk, soya, sulphur dioxide/ sulphites
Granola pot with fruits of the forest	wheat/gluten, milk, soya, sulphur dioxide/ sulphites

CITY CATERING SCHOOLS Powring love into every meal

Summer 24

Special of the day:

All Day Vegetarian Breakfast Wrap	wheat/gluten, egg, milk
Sausage roll	wheat/gluten, milk, soya, sulphur dioxide/ sulphites
Bacon & cheese turnover	wheat/gluten, egg, milk
Bacon muffin	wheat/gluten, sesame, soya
Bacon, egg & beans wrap	wheat/gluten, egg, milk
Bacon roll	wheat/gluten, sesame
Cheese & chorizo bake	wheat/gluten, egg, milk, mustard
Chicken pitta pocket	wheat/gluten
Ham & cheddar bagels	wheat/gluten, milk, sesame
Ham & cheese crumpets	wheat/gluten, milk, soya
Ham & cheese muffins	wheat/gluten, milk, sesame, soya
Pepperoni & cheddar bagels	wheat/gluten, milk, sesame
Pepperoni & cheese crumpets	wheat/gluten, milk, soya
Quorn sausage patty & cheese muffin	wheat/gluten, egg, milk, sesame, soya
Sausage, egg & beans wrap	wheat/gluten, egg, milk, soya, sulphur dioxide/ sulphites
Spicy pizza naan	wheat/gluten, milk
Pepperoni pizza slice	wheat/gluten, milk
Ham & pineapple pizza	wheat/gluten, milk
Toasted bagel	wheat/gluten, sesame
Crumpets(breakfast)	wheat/gluten, milk, soya
Cheesy baguette (breakfast)	wheat/gluten, milk
Cheese & ham baguette (breakfast)	wheat/gluten, milk