

Week One | 15th Apr | 6th May | 3rd Jun | 24th Jun | 15th Jul | 9th Sep | 30th Sep | 21st Oct

Hot Meal Hlenu

Summer 2024

Great Oaks School

Monday

Tuesday

Wednesday

Thursday

Italian chicken goujons with potato wedges (n) or Tomato pasta (ve) or Cheese & broccoli pasta (v)

Chicken curry with rice or Cheese & tomato pizza with potato of the day (v) or Tomato pasta (ve) Vegan sausage roll with sweet potato mash (v) or Cheese ploughman (v)

or Roasted vegetable pasta (ve)

Roast of the day, gravy & roast potatoes or Sweet potato parcel, gravy & roast potatoes (ve,n) or Tomato pasta (ve)

Fish fingers with chips or Sweet & sour meat free balls with rice (ve.n) or Vegetarian Bolognese (V)

All dishes are served seasonal veg & salad

Marble shortbread

Dessent Option

Jacket potato with

a choice of fillings

on the menu daily

as a 4th option

Banana cake

Ice cream

Mini flapjack with fruit wedges

Fruit yoghurt muffin

Week Two | 22nd Apr | 13th May | 10th June | 1st July | 22nd Jul | 16th Sept | 7th Oct

Thursday

Chicken nuggets with waffle fries or Vegetable goujons with waffle fries (ve)

Beef Bolognese pasta or Cheese & tomato pizza with potato of the day (v)

Vegan sausage hotdog with mini potato bites (ve)

Roast chicken, gravy & roast potatoes or Tomato pasta (ve) Salmon fishcake with chips or Rainbow pizza French bread with chips (v) All dishes are served seasonal veg & salad

Vanilla crunch

Summer muffin

Mini oaty cookie with fruit wedges

Chocolate crinkle cookie

Iced sponge

Week Three | 29th Apr | 20th May | 17th June | 8th July | 2nd Sep | 23rd Sep | 14th Oct

Monday

Tuesday

Wednesday

Thursday

Friday

Pork sausages with creamy mashed potato or Vegetarian Bolognese with pasta (v) or Tomato pasta (ve)

BLT wrap with potato of the day or Cheese & tomato pizza with potato of the day (v) or Cheese & broccoli pasta (v)

Macaroni cheese (v) Quorn nuggets with potato wedges (ve) or Roasted vegetable pasta (ve)

Roast chicken, gravy & roast potatoes or Vegan sausage turnover, gravy & roast potatoes (ve) or Tomato pasta (ve)

> Fish fingers with chips or Mexican cheese quesadilla with chips (v,n) or Vegetarian Bolognese (v)

All dishes are served

seasonal veg & salad

Ice cream

Dessert Option

Fruit brownie

Iced shortbread

Mini blondie cracknel with fruit wedges

Apple slice

Selection of fruit, seasonal salad, freshly made bread, yoghurt & water - available daily!

www.citycateringsouthampton.co.uk