Hot Meal Menu Summer 2024 St. Mark's Secondary School

Jacket potato with a choice of fillings on the menu daily

Week One | 15th Apr | 6th May | 3rd Jun | 24th Jun | 15th Jul | 9th Sep | 30th Sep | 21st Oct

Monday

Tuesday

Thursday

Friday

Italian chicken goujons with potato wedges (n) or Tomato pasta & garlic bread (ve)

Chicken curry with rice & naan bread or Cheese & tomato pizza with potato of the day (v)

Vegan sausage roll with sweet potato mash (v) or Cheese ploughman (v)

Roast of the day, gravy & roast potatoes or Sweet potato parcel, gravy & roast potatoes (ve,n)

Fish fingers with lemon mayonnaise & chips or Sweet & sour meat free balls with rice (ve,n) All dishes are served\ with

> seasonal veg & salad

> > Dessert Option Choice of cake, biscuit, fruit pot or yoghurt

Week Two | 22nd Apr | 13th May | 10th June | 1st July | 22nd Jul | 16th Sept | 7th Oct

Chicken nuggets with waffle fries & selection of dips or Vegetable goujons with waffle fries & selection of dips (ve)

Beef Bolognese pasta with garlic bread

Vegan sausage hotdog with sauteéd onions and mini potato bites (ve) or Quorn & bean patty with mini potato bites (v,n)

Roast chicken with pork sausage, gravy & roast potatoes or Golden potato cake, gravy & roast potatoes (v,n)

Salmon fishcake with lemon wedge & chips

/ All dishes are served

seasonal veg & salad

> Dessert Option Choice of cake. biscuit, fruit pot or yoghurt

Week Three | 29th Apr | 20th May | 17th June | 8th July | 2nd Sep | 23rd Sep | 14th Oct

Monday

Pork sausages with creamy mashed potato & baked beans

All dishes are served

BLT wrap with coleslaw and potato of the day Tuesday or Cheese & tomato pizza with potato of the day (v)

Macaroni cheese with garlic bread (v) Macaroni cheese with garlic bread (v)

Wednesday Quorn nuggets with potato wedges and a selection of dips (v)

Thursday

Roast chicken with pork sausage, gravy & roast potatoes or Vegan sausage turnover, gravy & roast potatoes (ve)

> Fish fingers with lemon mayonnaise & chips or Mexican cheese quesadilla with chips (v,n)

seasonal veg & salad

with

Dessert Option Choice of cake, biscuit, fruit pot or yoghurt

Friday

Selection of fruit, seasonal salad, freshly made bread, yoghurt & water - available daily! www.citycateringsouthampton.co.uk