

Flot Mean Herw Summer 2024 Sinclair Primary School

Jacket potato with as a 3rd option

Week One | 15th Apr | 6th May | 3rd Jun | 24th Jun | 15th Jul | 9th Sep | 30th Sep | 21st Oct

Monday

Italian chicken goujons with potato wedges (n) or Vegetarian Bolognese with pasta (v)

Marble shortbread

Tuesday

Chicken curry with rice

Banana cake

Wednesday

or Cheese & tomato pizza with potato of the day (v)

Banana cake

Vegan sausage roll with sweet potato mash (v) or Macaroni cheese (v)

Ice cream

Thursday or:

Roast of the day, gravy & roast potatoes or Sweet potato parcel, gravy & roast potatoes (ve,n)

Mini flapjack with fruit wedges

Friday

Fish fingers with chips or Vegetarian Bolognese with pasta (v)

Fruit yoghurt muffin

Week Two | 22nd Apr | 13th May | 10th June | 1st July | 22nd Jul | 16th Sept | 7th Oct

Monday

Beef Bolognese pasta or Macaroni cheese (v)

Dessert Option

Vanilla crunch

Tuesday

Chicken nuggets with potato of the day or Cheese & tomato pizza with potato of the day (v)

Summer muffin

Wednesday

Vegetarian Bolognese with pasta (v)
or Quorn & bean patty with mini potato bites (v,n)

All dishes are served

All dishes are served

seasonal veg

Mini oaty cookie with fruit wedges

Thursday

Roast chicken, gravy & roast potatoes

Golden potato cake, gravy & roast potatoes (v.n.)

seasonal veg Chocolate crinkle & salad cookie

Friday

Fish fingers with chips or Vegetable goujons with chips (v)

Iced sponge

Week Three | 29th Apr | 20th May | 17th June | 8th July | 2nd Sep | 23rd Sep | 14th Oct

Monday

Pork sausages with creamy mashed potato or Vegetarian Bolognese with pasta (v)

Dessert Option

Ice cream

Tuesday

Chicken curry with rice or Cheese & tomato pizza with potato of the day (v)

Fruit brownie

Wednesday

Macaroni cheese (v)

Quorn nuggets with potato wedges (ve)

/ All dishes are served \

Iced shortbread

Thursday

Roast chicken, gravy & roast potatoes or Vegan sausage turnover, gravy & roast potatoes (ve)

seasonal veg

& salad

Mini blondie cracknel with fruit wedges

Friday

Fish fingers with chips or Vegetable goujons with chips (v)

Iced sponge