

## Hot Meal Henu Summer 2024 Springwell School



## Week One | 15th Apr | 6th May | 3rd Jun | 24th Jun | 15th Jul | 9th Sep | 30th Sep | 21st Oct

Monday

Italian chicken goujons with potato wedges (n) or Tomato pasta (ve)

Marble shortbread

Tuesday

Chicken curry with rice

Wednesday

or Cheese & tomato pizza with potato of the day (v)

Banana cake

Vegan sausage roll with sweet potato mash (v) or Vegetable goujons with sweet potato mash (v) All dishes are served

Ice cream

Thursday

Roast of the day, gravy & roast potatoes or Sweet potato parcel, gravy & roast potatoes (ve,n)

Mini flapjack with fruit wedges

Friday

Fish fingers with chips Meat free balls in tomato sauce with rice (ve,n)

Fruit yoghurt muffin

## Week Two | 22nd Apr | 13th May | 10th June | 1st July | 22nd Jul | 16th Sept | 7th Oct

Chicken nuggets with waffle fries or Vegetable goujons with waffle fries (ve) Vanilla crunch

Cheesy pasta (v)

or Cheese & tomato pizza with potato of the day (v)

Vegan sausage hotdog with mini potato bites (ve)

All dishes are served \

seasonal veg

Mini oaty cookie

Summer muffin

or Quorn & bean patty with mini potato bites (v,n)

with fruit wedges

Roast chicken, gravy & roast potatoes

seasonal veg Chocolate crinkle & salad cookie

Salmon fishcake with chips or Rainbow pizza French bread with chips (v)

**Iced sponge** 

## Week Three | 29th Apr | 20th May | 17th June | 8th July | 2nd Sep | 23rd Sep | 14th Oct

Monday

Pork sausages with creamy mashed potato or Vegetable curry with rice (ve)

Dessert Option Ice cream

Tuesday

Italian chicken wrap with potato of the day (n) or Cheese & tomato pizza with potato of the day (v)

Fruit brownie

Wednesday

Macaroni cheese (v) Quorn nuggets with potato wedges (ve)

Thursday

seasonal veg & salad

All dishes are served

Mini blondie

Iced shortbread

Roast chicken, gravy & roast potatoes or Vegan sausage turnover, gravy & roast potatoes (ve)

cracknel with fruit wedges

Friday

Fish fingers with chips or Tomato pasta (ve)

Fruit sponge