



Pouring love into every meal

## Summer 24

## Week 1: Week commencing: 15<sup>th</sup> April | 6<sup>th</sup> May | 3<sup>rd</sup> June | 24<sup>th</sup> June | 15<sup>th</sup> July | 9<sup>th</sup> Sept | 30<sup>th</sup> Sept | 21<sup>st</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Choice	Italian chicken goujons none	Chicken korma curry wheat/gluten, milk	Vegan sausage roll wheat/gluten, soya, milk	Roast of the day (chicken none, gammon none, beef none)	Fish fingers wheat/gluten, fish
2 <sup>nd</sup> Choice	Vegetarian cottage pie wheat/gluten, egg	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Cauliflower cheese pasta bake wheat/gluten, milk	Sweet potato parcel wheat/gluten - egg & milk (if using egg wash)	Meat free balls in tomato sauce soya
Vegetable/Salad Selection	Mashed potato none unless using milk Carrots none Cauliflower none Baked beans none	Rice none Mashed potato none unless using milk Carrots none Broccoli none Baked beans none	Mashed potato none unless using milk Carrots none Cauliflower none Baked beans none	Roast potatoes none Mashed potato none unless using milk Carrots none Broccoli none Baked beans none	Rice none Chips none Mashed potato none unless using milk Carrots none Baked beans none
Dessert	Marble cookie wheat/gluten Seasonal fruit none & yoghurt milk, soya	Banana cake wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Ice cream milk Seasonal fruit none & yoghurt milk, soya	Fruit Whip milk Seasonal fruit none & yoghurt milk, soya	Fruit yoghurt muffin wheat/gluten, egg, milk, soya Seasonal fruit none & yoghurt milk, soya



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## Week 2: Week commencing: 22<sup>nd</sup> April | 13<sup>th</sup> May | 10<sup>th</sup> June | 1<sup>st</sup> July | 22<sup>nd</sup> July | 16<sup>th</sup> Sept | 7<sup>th</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Choice	Chicken nuggets none	Beef Bolognese wheat/gluten	Cheese quiche wheat/gluten, egg, milk	Roast chicken none & gravy none	Fish fingers wheat/gluten, fish
2 <sup>nd</sup> Choice	Tomato pasta wheat/gluten	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn burger wheat/gluten, egg, milk	Golden potato cake egg	Cheese pinwheels Wheat/gluten, milk, soya
Vegetable/Salad Selection	Mashed potato none unless using milk Carrots none Cauliflower none Baked beans none	Mashed potato none unless using milk Carrots none Broccoli none Baked beans none	Mashed potato none unless using milk Carrots none Cauliflower none Baked beans none	Roast potatoes none Mashed potato none unless using milk Carrots none Broccoli none Baked beans none	Chips none Mashed potato none unless using milk Carrots none Baked beans none
Dessert	Cheesecake Wheat/gluten, egg, milk, soya Seasonal fruit none & yoghurt milk, soya	Summer muffin wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Oaty biscuit wheat/gluten Seasonal fruit none & yoghurt milk, soya	Whip milk Seasonal fruit none & yoghurt milk, soya	Iced sponge wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya



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## Week 3: Week commencing: 29<sup>th</sup> April | 20<sup>th</sup> May | 17<sup>th</sup> June | 8<sup>th</sup> July | 2<sup>nd</sup> Sept | 23<sup>rd</sup> Sept | 14<sup>th</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Choice	Pork sausages wheat/gluten, soya, sulphur dioxide/sulphites gravy none	Tuna fishcake wheat/gluten, egg, fish, sulphur dioxide & sulphites	Macaroni cheese wheat/gluten, milk	Chicken & leek pie wheat/gluten, milk	Fish fingers wheat/gluten, fish
2 <sup>nd</sup> Choice	Vegetarian lasagne wheat/gluten, milk, egg	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn nuggets wheat/gluten	Chickpea burger wheat/gluten, sulphur dioxide & sulphites	Sweet potato & lentil curry wheat/gluten
Vegetable/Salad Selection	Mashed potato none unless using milk Carrots none Cauliflower none Baked beans none	Mashed potato none unless using milk Carrots none Broccoli none Baked beans none	Mashed potato none unless using milk Carrots none Cauliflower none Baked beans none	Roast potatoes none Mashed potato none unless using milk Carrots none Broccoli none Baked beans none	Rice none Chips none Mashed potato none unless using milk Carrots none Baked beans none
Dessert	Ice cream milk Seasonal fruit none & yoghurt milk, soya	Fruit brownie wheat/gluten, egg Seasonal fruit none & yoghurt milk, soya	Orange drizzle cake wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Whip milk with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Apple slice wheat/gluten Seasonal fruit none & oghurt milk, soya