

Week 1: Week commencing: 15th April | 6th May | 3rd June | 24th June | 15th July | 9th Sept | 30th Sept | 21st Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1st Choice	Italian chicken goujons none	Chicken curry wheat/gluten	Vegan sausage roll wheat/gluten, soya, milk	Roast of the day (chicken none , gammon none , beef none)	Fish fingers wheat/gluten, fish
2nd Choice	Tomato pasta wheat/gluten	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Cheese ploughman wheat/gluten, egg, milk, soya, sulphur dioxide & sulphites	Sweet potato parcel wheat/gluten – egg & milk (if using egg wash)	Sweet & sour meat free balls wheat/gluten, soya
3rd choice	Cheese & broccoli pasta wheat/gluten, milk	Tomato pasta wheat/gluten	Roasted vegetable pasta wheat/gluten	Tomato pasta wheat/gluten	Vegetarian Bolognese wheat/gluten, egg
Jacket potato	Jacket potato none with either cheese milk , tuna egg, fish , baked beans none	Jacket potato none with either cheese milk , tuna egg, fish , baked beans none	Jacket potato none with either cheese milk , tuna egg, fish , baked beans none	Jacket potato none with either cheese milk , tuna egg, fish , baked beans none	Jacket potato none with either cheese milk , tuna egg, fish , baked beans none
Sandwich/ Baguette	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise <i>served with salad</i> SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise <i>served with salad</i> SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise <i>served with salad</i> SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise <i>served with salad</i> SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise <i>served with salad</i> SEE SEPARATE LIST
Vegetable/Salad Selection	Potato wedges none Seasonal vegetables none & salad celery (if using celery)	Rice none Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Sweet potato mash milk Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Rice none Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Marble shortbread wheat/gluten Seasonal fruit none & yoghurt milk, soya	Banana cake wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Ice cream milk Seasonal fruit none & yoghurt milk, soya	Mini flapjack wheat/gluten with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Fruit yoghurt muffin wheat/gluten, egg, milk, soya Seasonal fruit none & yoghurt milk, soya

Week 2: Week commencing: 22nd April | 13th May | 10th June | 1st July | 22nd July | 16th Sept | 7th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Chicken nuggets none	Beef Bolognese wheat/gluten	Vegan sausage hot dog wheat/gluten, sesame, soya	Roast chicken none & gravy none	Salmon fishcakes wheat/gluten, fish
2 nd Choice	Vegetable goujons none	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn & bean patty wheat/gluten, egg	Golden potato cake egg	Rainbow pizza French bread wheat/gluten, milk
3 rd choice	Tomato pasta wheat/gluten	Cheese & broccoli pasta wheat/gluten, milk	Roasted vegetable pasta wheat/gluten	Tomato pasta wheat/gluten	Vegetarian Bolognese wheat/gluten, egg
Jacket potato	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none
Sandwich/ Baguette	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise served with salad SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise served with salad SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise served with salad SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise served with salad SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise served with salad SEE SEPARATE LIST
Vegetable/Salad Selection	Waffle fries none Seasonal vegetables none & salad celery (if using celery)	Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Mini potato bites none Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Vanilla crunch wheat/gluten Seasonal fruit none & yoghurt milk, soya	Summer muffin wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Mini oatly cookie wheat/gluten with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Chocolate crinkle cookie wheat/gluten, milk, egg Seasonal fruit none & yoghurt milk, soya	Iced sponge wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya

Week 3: Week commencing: 29th April | 20th May | 17th June | 8th July | 2nd Sept | 23rd Sept | 14th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1st Choice	Pork sausages (wheat/gluten, soya, sulphur dioxide/sulphites) gravy (none)	BLT wrap Wheat/gluten, egg	Macaroni cheese wheat/gluten, milk	Roast chicken none & gravy none	Fish fingers wheat/gluten, fish
2nd Choice	Vegetarian Bolognese wheat/gluten, egg	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn nuggets wheat/gluten	Vegan sausage turnover wheat/gluten – egg & milk (if using egg wash)	Mexican cheese quesadilla wheat/gluten, milk
3rd choice	Tomato pasta wheat/gluten	Cheese & broccoli pasta wheat/gluten, milk	Roasted vegetable pasta wheat/gluten	Tomato pasta wheat/gluten	Vegetarian Bolognese wheat/gluten, egg
Jacket potato	Jacket potato none with either cheese milk , tuna egg , fish, baked beans none	Jacket potato none with either cheese milk , tuna egg , fish, baked beans none	Jacket potato none with either cheese milk , tuna egg , fish, baked beans none	Jacket potato none with either cheese milk , tuna egg , fish, baked beans none	Jacket potato none with either cheese milk , tuna egg , fish, baked beans none
Sandwich/ Baguette	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise served with salad SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise served with salad SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise served with salad SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise served with salad SEE SEPARATE LIST	Sandwich or baguette with either cheese/ham/tuna mayonnaise/egg mayonnaise served with salad SEE SEPARATE LIST
Vegetable/Salad Selection	Creamy mash milk Seasonal vegetables none & salad celery (if using celery)	Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Potato wedges none Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Ice cream milk Seasonal fruit none & yoghurt milk, soya	Fruit brownie wheat/gluten, egg Seasonal fruit none & yoghurt milk, soya	Iced shortbread wheat/gluten Seasonal fruit none & yoghurt milk, soya	Mini blondie cracknel wheat/gluten, milk with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Apple slice wheat/gluten Seasonal fruit none & yoghurt milk, soya

Sandwiches & baguettes	
Cheese sandwich	wheat/gluten, milk, soya
Cheese baguette	wheat/gluten, milk
Ham sandwich	wheat/gluten, soya
Ham baguette	wheat/gluten
Tuna mayonnaise sandwich	wheat/gluten, egg, fish, soya
Tuna mayonnaise baguette	wheat/gluten, egg, fish
Egg mayonnaise sandwich	wheat/gluten, egg, soya
Egg mayonnaise baguette	wheat/gluten, egg

Salads	
Mixed salad	none
Coleslaw	egg
Potato salad	egg
Pasta salad	wheat/gluten, egg
Couscous	wheat/gluten, mustard, soya