

**Week 1: Week commencing: 15<sup>th</sup> April | 6<sup>th</sup> May | 3<sup>rd</sup> June | 24<sup>th</sup> June | 15<sup>th</sup> July | 9<sup>th</sup> Sept | 30<sup>th</sup> Sept | 21<sup>st</sup> Oct**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1<sup>st</sup> Choice</b>	Italian chicken goujons <b>none</b>	Chicken curry <b>wheat/gluten</b>	Vegan sausage roll <b>wheat/gluten, soya, milk</b>	Roast of the day (chicken <b>none</b> , gammon <b>none</b> , beef <b>none</b> )	Fish fingers <b>wheat/gluten, fish</b>
<b>2<sup>nd</sup> Choice</b>	Tomato pasta <b>wheat/gluten</b>	Cheese & tomato pizza Bought in base: <b>wheat/gluten, milk</b> Homemade base: <b>wheat/gluten, milk, soya</b>	Cheese ploughman <b>wheat/gluten, egg, milk, soya,</b> <b>sulphur dioxide &amp; sulphites</b>	Sweet potato parcel <b>wheat/gluten – egg &amp; milk</b> (if using egg wash)	Sweet & sour meat free balls <b>wheat/gluten, soya</b>
<b>3<sup>rd</sup> choice</b>	Cheese & broccoli pasta <b>wheat/gluten, milk</b>	Tomato pasta <b>wheat/gluten</b>	Roasted vegetable pasta <b>wheat/gluten</b>	Tomato pasta <b>wheat/gluten</b>	Vegetarian Bolognese <b>wheat/gluten, egg</b>
<b>Jacket potato</b>	Jacket potato <b>none</b> with either cheese <b>milk</b> , tuna <b>egg</b> , fish, baked beans <b>none</b>	Jacket potato <b>none</b> with either cheese <b>milk</b> , tuna <b>egg</b> , fish, baked beans <b>none</b>	Jacket potato <b>none</b> with either cheese <b>milk</b> , tuna <b>egg</b> , fish, baked beans <b>none</b>	Jacket potato <b>none</b> with either cheese <b>milk</b> , tuna <b>egg</b> , fish, baked beans <b>none</b>	Jacket potato <b>none</b> with either cheese <b>milk</b> , tuna <b>egg</b> , fish, baked beans <b>none</b>
<b>Sandwich</b>	Sandwiches: cheese <b>wheat/gluten, milk, soya/</b> ham <b>wheat/gluten, soya/</b> tuna mayonnaise <b>wheat/gluten, egg, fish, soya/</b> egg mayonnaise <b>wheat/gluten, egg, soya</b> Cheese pinwheel <b>wheat/gluten, milk</b>	Sandwiches: cheese <b>wheat/gluten, milk, soya/</b> ham <b>wheat/gluten, soya/</b> tuna mayonnaise <b>wheat/gluten, egg, fish, soya/</b> egg mayonnaise <b>wheat/gluten, egg, soya</b> Pizza finger <b>wheat/gluten, milk</b>	Sandwiches: cheese <b>wheat/gluten, milk, soya/</b> ham <b>wheat/gluten, soya/</b> tuna mayonnaise <b>wheat/gluten,</b> <b>egg, fish, soya/</b> egg mayonnaise <b>wheat/gluten,</b> <b>egg, soya</b> Vegetarian sausage bite <b>wheat/gluten</b>	Sandwiches: cheese <b>wheat/gluten, milk, soya/</b> ham <b>wheat/gluten, soya/</b> tuna mayonnaise <b>wheat/gluten, egg, fish, soya/</b> egg mayonnaise <b>wheat/gluten, egg, soya</b> Cheese pinwheel <b>wheat/gluten, milk</b>	Sandwiches: cheese <b>wheat/gluten, milk, soya/</b> ham <b>wheat/gluten, soya/</b> tuna mayonnaise <b>wheat/gluten, egg, fish, soya/</b> egg mayonnaise <b>wheat/gluten, egg, soya</b> Vegetarian sausage bite <b>wheat/gluten</b>
<b>Vegetable/Salad Selection</b>	Potato wedges <b>none</b> Seasonal vegetables <b>none</b> & salad <b>celery</b> (if using celery)	Rice <b>none</b> Potato of the day <b>none</b> Seasonal vegetables <b>none</b> & salad <b>celery</b> (if using celery)	Sweet potato mash <b>milk</b> Seasonal vegetables <b>none</b> & salad <b>celery</b> (if using celery)	Roast potatoes <b>none</b> Seasonal vegetables <b>none</b> & salad <b>celery</b> (if using celery)	Rice <b>none</b> Chips <b>none</b> Seasonal vegetables <b>none</b> & salad <b>celery</b> (if using celery)
<b>Dessert</b>	Marble shortbread <b>wheat/gluten</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Banana cake <b>wheat/gluten, egg, milk</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Ice cream <b>milk</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Mini flapjack <b>wheat/gluten</b> with fruit wedges <b>none</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>	Fruit yoghurt muffin <b>wheat/gluten, egg, milk, soya</b> Seasonal fruit <b>none</b> & yoghurt <b>milk, soya</b>

Week 2: Week commencing: 22<sup>nd</sup> April | 13<sup>th</sup> May | 10<sup>th</sup> June | 1<sup>st</sup> July | 22<sup>nd</sup> July | 16<sup>th</sup> Sept | 7<sup>th</sup> Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 <sup>st</sup> Choice	Chicken nuggets none	Beef Bolognese wheat/gluten	Vegan sausage hot dog wheat/gluten, sesame, soya	Roast chicken none & gravy none	Salmon fishcakes wheat/gluten, fish
2 <sup>nd</sup> Choice	Vegetable goujons none	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn & bean patty wheat/gluten, egg	Golden potato cake egg	Rainbow pizza French bread wheat/gluten, milk
3 <sup>rd</sup> choice	Tomato pasta wheat/gluten	Cheese & broccoli pasta wheat/gluten, milk	Roasted vegetable pasta wheat/gluten	Tomato pasta wheat/gluten	Vegetarian Bolognese wheat/gluten, egg
Jacket potato	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none
Sandwich	Sandwiches: cheese wheat/gluten, milk, soya/ ham wheat/gluten, soya/ tuna mayonnaise wheat/gluten, egg, fish, soya/ egg mayonnaise wheat/gluten, egg, soya Cheese pinwheel wheat/gluten, milk	Sandwiches: cheese wheat/gluten, milk, soya/ ham wheat/gluten, soya/ tuna mayonnaise wheat/gluten, egg, fish, soya/ egg mayonnaise wheat/gluten, egg, soya Pizza finger wheat/gluten, milk	Sandwiches: cheese wheat/gluten, milk, soya/ ham wheat/gluten, soya/ tuna mayonnaise wheat/gluten, egg, fish, soya/ egg mayonnaise wheat/gluten, egg, soya Vegetarian sausage bite wheat/gluten	Sandwiches: cheese wheat/gluten, milk, soya/ ham wheat/gluten, soya/ tuna mayonnaise wheat/gluten, egg, fish, soya/ egg mayonnaise wheat/gluten, egg, soya Cheese pinwheel wheat/gluten, milk	Sandwiches: cheese wheat/gluten, milk, soya/ ham wheat/gluten, soya/ tuna mayonnaise wheat/gluten, egg, fish, soya/ egg mayonnaise wheat/gluten, egg, soya Vegetarian sausage bite wheat/gluten
Vegetable/Salad Selection	Waffle fries none Seasonal vegetables none & salad celery (if using celery)	Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Mini potato bites none Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Vanilla crunch wheat/gluten Seasonal fruit none & yoghurt milk, soya	Summer muffin wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Mini oat cookie wheat/gluten with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Chocolate crinkle cookie wheat/gluten, milk, egg Seasonal fruit none & yoghurt milk, soya	Iced sponge wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya

**Week 3: Week commencing: 29<sup>th</sup> April | 20<sup>th</sup> May | 17<sup>th</sup> June | 8<sup>th</sup> July | 2<sup>nd</sup> Sept | 23<sup>rd</sup> Sept | 14<sup>th</sup> Oct**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1<sup>st</sup> Choice</b>	Pork sausages (wheat/gluten, soya, sulphur dioxide/sulphites) gravy (none)	BLT wrap Wheat/gluten, egg	Macaroni cheese wheat/gluten, milk	Roast chicken <b>none</b> & gravy <b>none</b>	Fish fingers wheat/gluten, fish
<b>2<sup>nd</sup> Choice</b>	Vegetarian Bolognese wheat/gluten, egg	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn nuggets wheat/gluten	Vegan sausage turnover wheat/gluten – egg & milk (if using egg wash)	Mexican cheese quesadilla wheat/gluten, milk
<b>3<sup>rd</sup> choice</b>	Tomato pasta wheat/gluten	Cheese & broccoli pasta wheat/gluten, milk	Roasted vegetable pasta wheat/gluten	Tomato pasta wheat/gluten	Vegetarian Bolognese wheat/gluten, egg
<b>Jacket potato</b>	Jacket potato <b>none</b> with either cheese <b>milk</b> , tuna <b>egg</b> , fish, baked beans <b>none</b>	Jacket potato <b>none</b> with either cheese <b>milk</b> , tuna <b>egg</b> , fish, baked beans <b>none</b>	Jacket potato <b>none</b> with either cheese <b>milk</b> , tuna <b>egg</b> , fish, baked beans <b>none</b>	Jacket potato <b>none</b> with either cheese <b>milk</b> , tuna <b>egg</b> , fish, baked beans <b>none</b>	Jacket potato <b>none</b> with either cheese <b>milk</b> , tuna <b>egg</b> , fish, baked beans <b>none</b>
<b>Sandwich</b>	Sandwiches: cheese wheat/gluten, milk, soya/ ham wheat/gluten, soya/ tuna mayonnaise wheat/gluten, egg, fish, soya/ egg mayonnaise wheat/gluten, egg, soya Cheese pinwheel wheat/gluten, milk	Sandwiches: cheese wheat/gluten, milk, soya/ ham wheat/gluten, soya/ tuna mayonnaise wheat/gluten, egg, fish, soya/ egg mayonnaise wheat/gluten, egg, soya Pizza finger wheat/gluten, milk	Sandwiches: cheese wheat/gluten, milk, soya/ ham wheat/gluten, soya/ tuna mayonnaise wheat/gluten, egg, fish, soya/ egg mayonnaise wheat/gluten, egg, soya Vegetarian sausage bite wheat/gluten	Sandwiches: cheese wheat/gluten, milk, soya/ ham wheat/gluten, soya/ tuna mayonnaise wheat/gluten, egg, fish, soya/ egg mayonnaise wheat/gluten, egg, soya Cheese pinwheel wheat/gluten, milk	Sandwiches: cheese wheat/gluten, milk, soya/ ham wheat/gluten, soya/ tuna mayonnaise wheat/gluten, egg, fish, soya/ egg mayonnaise wheat/gluten, egg, soya Vegetarian sausage bite wheat/gluten
<b>Vegetable/Salad Selection</b>	Creamy mash <b>milk</b> Seasonal vegetables <b>none</b> & salad <b>celery</b> (if using celery)	Potato of the day <b>none</b> Seasonal vegetables <b>none</b> & salad <b>celery</b> (if using celery)	Potato wedges <b>none</b> Seasonal vegetables <b>none</b> & salad <b>celery</b> (if using celery)	Roast potatoes <b>none</b> Seasonal vegetables <b>none</b> & salad <b>celery</b> (if using celery)	Chips <b>none</b> Seasonal vegetables <b>none</b> & salad <b>celery</b> (if using celery)
<b>Dessert</b>	Ice cream <b>milk</b> Seasonal fruit <b>none</b> & yoghurt <b>milk</b> , soya	Fruit brownie wheat/gluten, egg Seasonal fruit <b>none</b> & yoghurt <b>milk</b> , soya	Iced shortbread wheat/gluten Seasonal fruit <b>none</b> & yoghurt <b>milk</b> , soya	Mini blondie cracknel wheat/gluten, milk with fruit wedges <b>none</b> Seasonal fruit <b>none</b> & yoghurt <b>milk</b> , soya	Apple slice wheat/gluten Seasonal fruit <b>none</b> & yoghurt <b>milk</b> , soya