

Pouring love into every meal

Week 1: Week commencing: 15th April | 6th May | 27th May | 17th June | 8th July | 29th July | 19th Aug | 9th Sept | 30th Sept | 21st Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Tea	Bagels gluten, sesame with cream cheese milk and tomato & vegetable sticks	Selection of rolls See list below & vegetable sticks	Crumpets gluten, milk, soya with egg mayonnaise egg & vegetable sticks	Baked beans none on toast gluten, soya & vegetable sticks	Ham none & cheese milk tortilla gluten & veg sticks
Dessert	Fruit muffin gluten, egg, milk,	Apricot flapjack gluten, milk	Mixed berry yoghurt Milk, soya	Fruity Custard pot milk	Fruit salad none

PLEASE BE AWARE THAT ALL VEGETABLES & FRUIT FROM HARVEST 'MAY CONTAIN' CELERY

Bread: gluten, sesame seed / spread: none / ham: none / tuna mayo: fish, egg / egg mayo: egg / cheese & pickle: milk, gluten, sulphur dioxide/sulphites / cream cheese: milk



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Week 2: Week commencing: 22nd April | 13th May | 3rd June | 24th June | 15th July | 22nd July | 5th Aug | 26th Aug | 16th Sept | 7th Oct | 28th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Tea	Baked beans none on toast gluten, soya & vegetable sticks	Bagels gluten, sesame with cream cheese milk and tomato & vegetable sticks	Toasted muffin gluten, sesame, soya with baked beans none & vegetable sticks	Selection of rolls See list below & vegetable sticks	Crumpets gluten, milk, soya with ham none, cheese milk & vegetable sticks
Dessert	Ginger sponge gluten, egg, milk	Fruity custard pots milk	Banana yoghurt milk, soya	Flapjack plain: gluten/apricot: gluten, milk/ tropical: gluten, sulphur dioxide/sulphites, milk	Fruit yoghurt milk, soya & granola gluten, sulphur dioxide/sulphites

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Bread: gluten, sesame seed / spread: none / ham: none / tuna mayo: fish, egg / egg mayo: egg / cheese & pickle: milk, gluten, sulphur dioxide/sulphites / cream cheese: milk



Week 3: Week commencing: 29th April | 20th May | 10th June | 1st July | 22nd July | 12th Aug | 2nd Sept | 23rd Sept | 14th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Tea	Ham none & cheese milk tortilla gluten & veg sticks	Selection of rolls See list below & vegetable sticks	Bagels gluten, sesame with cream cheese milk & vegetable sticks	Crumpets gluten, milk, soya with ham none, cheese milk & vegetable sticks	Toasted muffin gluten, sesame, soya with scrambled eggs egg, milk & vegetable sticks
Dessert	Tropical flapjack gluten, sulphur dioxide/sulphites, milk	Mini shortbread biscuit <mark>gluten</mark> with fruit salad	Mandarin & blueberry medley none	Fruit salad none	Fruit basket none

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Bread: gluten, sesame seed / spread: none / ham: none / tuna mayo: fish, egg / egg mayo: egg / cheese & pickle: milk, gluten, sulphur dioxide/sulphites / cream cheese: milk