

Pouring love into every meal

Week 1: Week commencing: 15th April | 6th May | 3rd June | 24th June | 15th July | 9th Sept | 30th Sept | 21st Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Italian chicken goujons none	Chicken curry wheat/gluten	Vegan sausage roll wheat/gluten, soya, milk	Roast of the day (chicken none, gammon none, beef none)	Fish fingers wheat/gluten, fish
2 nd Choice	Tomato pasta wheat/gluten	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Vegetable goujons none	Sweet potato parcel wheat/gluten - egg & milk (if using egg wash)	Meat free balls in a tomato sauce soya
3 rd choice	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none
Vegetable/Salad Selection	Potato wedges none Seasonal vegetables none & salad celery (if using celery)	Rice none Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Sweet potato mash milk Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Rice none Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Marble shortbread wheat/gluten Seasonal fruit none & yoghurt milk, soya	Banana cake wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Ice cream milk Seasonal fruit none & yoghurt milk, soya	Mini flapjack wheat/gluten with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Fruit yoghurt muffin wheat/gluten, egg, milk, soya Seasonal fruit none & yoghurt milk, soya



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Week 2: Week commencing: 22nd April | 13th May | 10th June | 1st July | 22nd July | 16th Sept | 7th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Chicken nuggets none	Cheesy pasta wheat/gluten, milk	Vegan sausage hot dog wheat/gluten, sesame, soya	Roast chicken none & gravy none	Salmon fishcakes wheat/gluten, fish
2 nd Choice	Vegetable goujons none	Cheese & tomato pizza Bought in base: wheat/gluten, milk Homemade base: wheat/gluten, milk, soya	Quorn & bean patty wheat/gluten, egg	Golden potato cake egg	Rainbow pizza French bread wheat/gluten, milk
3 rd choice	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none	Jacket potato none with either cheese milk, tuna egg, fish, baked beans none
Vegetable/Salad Selection	Waffle fries none Seasonal vegetables none & salad celery (if using celery)	Potato of the day none Seasonal vegetables none & salad celery (if using celery)	Mini potato bites none Seasonal vegetables none & salad celery (if using celery)	Roast potatoes none Seasonal vegetables none & salad celery (if using celery)	Chips none Seasonal vegetables none & salad celery (if using celery)
Dessert	Vanilla crunch wheat/gluten Seasonal fruit none & yoghurt milk, soya	Summer muffin wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya	Mini oaty cookie wheat/gluten with fruit wedges none Seasonal fruit none & yoghurt milk, soya	Chocolate crinkle cookie wheat/gluten, milk, egg Seasonal fruit none & yoghurt milk, soya	Iced sponge wheat/gluten, egg, milk Seasonal fruit none & yoghurt milk, soya



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Week 3: Week commencing: 29th April | 20th May | 17th June | 8th July | 2nd Sept | 23rd Sept | 14th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
1 st Choice	Pork sausages	Italian chicken wrap	Macaroni cheese	Roast chicken none &	Fish fingers
	(wheat/gluten, soya,	wheat/gluten, egg	wheat/gluten, milk	gravy <mark>none</mark>	wheat/gluten, fish
	sulphur				
	dioxide/sulphites)				
	gravy				
	(none)				
	Vegetable curry	Cheese & tomato pizza	Quorn nuggets	Vegan sausage turnover	Tomato pasta
2 nd Choice	wheat/gluten	Bought in base:	wheat/gluten	wheat/gluten - egg &	wheat/gluten
		wheat/gluten, milk Homemade base:		milk (if using egg wash)	
		wheat/gluten, milk, soya			
	Jacket potato none with	Jacket potato none with	Jacket potato none with	Jacket potato none with	Jacket potato none with
3 rd choice	either cheese milk, tuna	either cheese milk, tuna	either cheese milk, tuna	either cheese milk, tuna	either cheese milk, tuna
	egg, fish, baked beans	egg, fish, baked beans	egg, fish, baked beans	egg, fish, baked beans	egg, fish, baked beans
	none	none	none	none	none
	none.	110110	Herie	none.	116116
	Creamy mash milk	Potato of the day none	Potato wedges none	Roast potatoes none	Chips none
	Rice none	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables	Seasonal vegetables
Vegetable/Salad	Seasonal vegetables	none & salad celery (if	none & salad celery (if	none & salad celery (if	none & salad celery (if
Selection	none & salad celery (if	using celery)	using celery)	using celery)	using celery)
	using celery)				
	Ice cream	Fruit brownie	Iced shortbread	Mini blondie cracknel	Fruit sponge
Dessert	milk	wheat/gluten, egg	wheat/gluten	wheat/gluten, milk	wheat/gluten, egg, milk
	Seasonal fruit none &	Seasonal fruit none &	Seasonal fruit none &	with fruit wedges none	Seasonal fruit none &
	yoghurt milk, soya	yoghurt milk, soya	yoghurt milk, soya	Seasonal fruit none &	yoghurt milk, soya
				yoghurt milk, soya	